

What is curcumin?

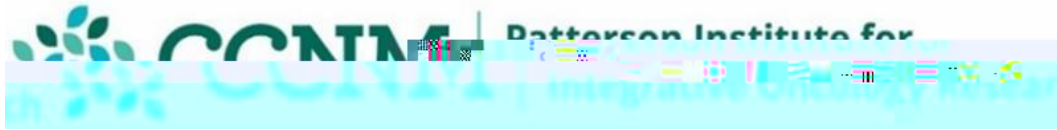
Curcumin is a compound found in the plant turmeric (*Curcuma longa*). Curcumin is available as a dietary supplement and has been used to treat various health conditions. Most commonly it is taken by mouth, but it can also be infused intravenously (IV) by a healthcare provider.

What is intravenous (IV) curcumin used for?

IV curcumin may be recommended by integrative cancer care providers with goals of:

- Enhancing the effect of cancer treatments
- Improving treatment outcomes or slowing cancer progression
- Supporting quality of life

However, these claims and uses in cancer care are not proven, and IV curcumin is not to be used as a cure for cancer. Curcumin should not be considered an alternative to



cells), low sodium (salt), and facial swelling. A few other rare side effects have been reported and can be discussed with your healthcare provider.

What is the recommended dose, frequency, and length of use of IV curcumin?

The dose of IV curcumin is often based on body weight. Doses of 170-510 mg for an average size adult have been administered weekly for 8-12 weeks in research studies. However, higher doses have been used in practice.

Where can I get more information?

For more detailed information including references you can read the companion healthcare professional version on the [CCNM research website](#). You can also consult with a healthcare provider such as a naturopathic doctor, medical doctor, or nurse practitioner who is experienced in the use of IV curcumin.

Disclaimer

This monograph provides a summary of available evidence and neither advocates for nor against the use of a particular therapy. Every effort is made to ensure the information included in this monograph is accurate at the time it is published. Prior to using a new therapy or product, always consult a licensed healthcare provider. The information in this monograph should not be interpreted as medical advice nor should it replace the advice of a qualified healthcare provider.